Is it the Novel H1N1 Flu Virus?

Flu Symptoms*

Flu is a severe respiratory infection caused by a virus. The symptoms of the novel H1N1 virus* are similar to the seasonal flu, can come on suddenly and include:

- Fever of 100º or higher
- Dry cough
- Sore throat
- Body aches
- Headache
- Chills
- Tiredness
- Respiratory congestion

In addition, the Novel H1N1 virus*:

- Has given some people diarrhea and vomiting
- May cause a worsening of chronic medical conditions (heart disease, asthma, diabetes, etc.)

Only a physician can determine if you have the flu and whether it is the novel H1N1 virus or the seasonal flu.

Who is at Risk?

High-risk people for seasonal flu normally include the elderly and infants. With the novel H1N1 virus, high-risk people include*:

- Pregnant women
- Children and young adults from 6 months to 24 years
- People 25 to 64 years with underlying medical conditions

Contact your healthcare provider immediately if you think you or a family member may have the flu.

For more specific flu information:

www.pandemicflu.gov

Pandemic Flu Facts™ Northwest Ohio

* Information Herein Based on Facts Available August, 2009