



FOR IMMEDIATE RELEASE

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Sodium Occurrences in Groundwater

On March 29, 2017, Defiance County Public Health was notified by the Ohio Environmental Protection Agency that water from monitoring wells along the Maumee River East of Domersville Road had tested above the federal health advisory level for Sodium in drinking water. Sodium can occur naturally in any groundwater. The U.S. EPA has set the advisory level at 20 mg/L due to the health impact sodium may have on certain populations. The American Heart Association identifies people over 50, those who have high or elevated blood pressure, diabetics and African Americans as at-risk populations who should limit their daily sodium intake. Water users typically can notice the presence of sodium at 30-60mg/L, therefore, users may not be able to taste the elevated sodium. If you have concerns about the sodium levels in your well water, discuss it with your healthcare provider or have your well water tested for sodium. Contact the Environmental Health Division at Defiance County Public Health, (419) 784-3818 with any questions related to your well.

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