FOR IMMEDIATE RELEASE

March 13, 2020

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Coronavirus Disease (COVID19)

Defiance County General Health District (DCGHD) is closely monitoring Coronavirus Disease (COVID-19). As of Friday, March 13th, 2020 at 11:00am, there are no confirmed cases of COVID-19 in Defiance County, however there are 5 confirmed cases in Ohio as of March 12, 2020 at 2:00pm. DCGHD is communication with state and local partners to prevent the spread of COVID-19 and sharing prevention guidance. DCGHD is taking measures to minimize the impact within our community.

How does the virus spread?
COVID-19 is spread by close contact between people (within 6ft), mostly from respiratory droplets which are produced when a person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

What are the symptoms?
The following symptoms may appear 2-14 days after exposure.
• Fever, Cough, and Shortness of breath

What can you do?
• Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use alcohol-based (60%) hand sanitizer.
• Cover your cough and sneezes with a tissue or sleeve. Discard tissues immediately.
• Avoid touching your eyes, nose, and mouth with unwashed hands.
• Stay at home if you are sick and avoid contact with people who are sick.
• Self-Monitor and practice social distancing
• Call Ahead: If you have a medical appointment, call the healthcare provider and tell them that you have or may have COVID-19. This will help the healthcare provider’s office take steps to keep other people from getting infected or exposed.

For more information:
• Center for Disease Control: www.cdc.gov
• Ohio Department of Health: www.coronavirus.ohio.gov
  Call: 1-833-427-5634
• Defiance County Health Department: www.defiancecohealth.org
  Facebook: Defiance County Public Health
  Twitter: @DCGHD

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