



POWER Defiance County

Promoting Overall Wellness and Empowering Residents

March 3, 2018 8:30am- 10:00 am

Attendees: Kirstie Mack (Defiance Development and Visitors Bureau), Erin Spieth (Defiance County Juvenile Court/ Probation), Jessica Myers (Defiance County Drug Free Coalition), Jeff Mayer (Mercy Health Defiance), Les McCaslin, Toni Long (4 County Alcohol, Drug Addiction and Mental Health Services), Ruth Peck (Recovery Services), Connie Planson (Maumee Valley Guidance Center), Julie Voll (Defiance County Family and Children First), Jack Poling (Promedica Defiance), Bridget Fischer, Jen Casertano, Jamie Gerken and Deb Gilgenbach (Defiance Co. General Health District)

Topic	Discussion	Decision, Action/ Assignments
Welcome and Introductions	N/A	N/A
Review of Epidemiology Reports	Bridget Fischer- public health epidemiologist reviewed the first quarter reports for drug overdoses and senior falls. See attached reports. Bridget also presented an Access to Mental Health Services for Youth Report that identified perceived barriers to mental health services. It was noted that this report uses qualitative data and that perceived barriers to services may not reflect the true availability of services. Ruth mentioned that young people are very open to using telemedicine for screening and treatment. Bridget also explained that the health district received a grant through the Ohio Department of Health and the CDC to validate classifier data within Epicenter.	For more information contact Bridget Fischer: email bfischer@defiance-county.com
Report out Obesity Workgroup	Deb mentioned that she is looking for volunteers for the Obesity Workgroup. Deb is updating the nutrition resources for Primary Care Physicians (PCP) Offices. Jen and Jamie mentioned that the Four County Mental Wellness Project is in the process of working with the community to get metal signs that provide information on mental wellness. The existing billboards and	If you are interested in being part of the obesity workgroup contact Deb Gilgenbach dgilgenbach@defiance-county.com

	<p>messages will be used for the metal signs. This project will also be able to update some of the Defiance County walking trails with new mile markers. Jeff said that Mercy is interested in updating their walking trail. Jen asked Erin if juvenile probation has partnered with the Hicksville Community Garden. Erin explained that they may not be able to continue a formal work crew due to liabilities. Jamie mentioned that complete streets is written into the city’s strategic plan and they have already applied for grant funds. Jessica mentioned that Ayrsville School District did not qualify because it was “too rural.” There is an assumption out there that because Defiance County is rural, kids don’t walk to school.</p>	
<p>Report out Mental Health Workgroup</p>	<p>Toni relayed that the ADAMhs Board and health district have visited all of the Primary Care Physician offices in Defiance to provide information on suicide screening tools and mental health services. Jen is tagging along to distribute the Defiance County Drug and Alcohol Resource Guide and talk about the connection between drug and alcohol use and suicide. They presented to Mercy Defiance Clinic on February 22 and Hicksville April 23rd. Both presentations went well and the physicians agreed to use the PHQ2, PHQ9 and the ASQ screening tools Toni suggested. Tonie also informed the group that she and Drena Teague would be providing training to guidance counselors and administrators on response to student death by suicide on June 7th. Toni has also partnered with the Defiance County Sheriff’s Office to give out the Suicide Prevention materials to residents who apply for a CCW. With the Family Services of Northwest Ohio closing, 211 services are also no longer available. The ADAMhs board has always maintained their local behavioral hotline 1-800-468-HELP (4357). Tonie Long Discussed the discontinuation of the current Teen line and the Teen Crisis Text/Chat service. The State of Ohio has a Crisis Text Chat service available, which can be accessed by texting 4Hope to 741741. Toni has a lot of SWAG to promote this service. See her for posters and materials. Prevention services are now being provided by Maumee Valley Guidance Center to do Incredible</p>	<p>If you are interested in being part of the mental health workgroup contact Tonie Long Tonie@fourcountyyadamhs.com or Les McCaslin: email Les@fourcountyyadamhs.com</p> <p>Four County suicide Prevention Coalition website: www.4countysuicideprevention.org</p>

	<p>Years an evidence based program within the schools and to offering Mental Health First Aid to adults in the community. Maumee Valley Guidance Center also has an active Crisis Intervention Stress Management (CISM) team that responds to work places and other situations to provide assistance to groups of people who experience trauma.</p>	
<p>Report out Substance Abuse Workgroup</p>	<p>Jessica and the Drug Free Leadership Council (DFLC) created social norming messages using the State of Ohio has a Crisis Text Chat service mentioned above. These messages will be distributed within the schools this fall. Three student from the DFLC went to Columbus in April for the “We are the Majority Rally” with Jessica and Jen. The rally emphasized that the majority of youth in Ohio, aged 12-17, are not participating in substance use, physical violence, and are leading the way in promoting mental health wellness! Jessica hopes to bring more students next year. Jessica just finished a grant through United Way for Hidden in Plain Sight for next year. She has been receiving good feedback from parents who have gone through the exhibit. She had about 200 people go through during the Defiance Home and Garden Show and plans on the Lilac Festival. Erin relayed that they are in the middle of a session for the Parent Project. She currently has five parents in this class (3 who were not court ordered but referred by JFS). Les mentioned that the ADAMhs Board has radio AD’s that talk about the Parents Who Host Lose the Most Campaign. Erin explained that they do not usually have a lot of juvenile’s coming through because of alcohol violations. Jack relayed that he is working on making the CAGE Assessment, an alcohol abuse screening tool a part of the screening process within the ER. He also mentioned that the Women’s Center and some PCP offices will be collecting data on the Social Determinates of Health. The Coping Center is using the ESBRIT. Mercy mentioned that they are also using the ESBRIT in the ER.</p>	<p>If you are interested in being part of the substance abuse workgroup contact Jessica Myers: email def-county-drugfree@outlook.com</p>
<p>Report out Injury Prevention Workgroup</p>	<p>Deb reported that a total of 11 Pack-N-Plays have been given out Oct –March and the health district is applying for the Cribs for Kids</p>	<p>If you are interested in taking part of the injury prevention</p>

	<p>Grant for fiscal year 2019. She reported that 13 car seats were distributed between January-March (12 convertible seats and 1 booster). A total of 28 seat checks in the first and second quarter combined with a 75% misuse rate. Deb gave an update on the A Matter of Balance (MOB) program. The health district completed a Matter of Balance class that began in January and ended in March and just completed a class on April 30, 2018. The next scheduled class will begin on June 1, 2018. There will be a class in September to train more coaches. The Defiance County Safe Communities Coalition was at the Home and Garden Spring Show in March 2018 to distribute materials and raise awareness on traffic safety. The coalition has also partnered with Fairview High School to provide "What Do You Consider Lethal?" education to students. Upcoming events include Promedica Safety Day May 5th, The Lilac Festival May 12th, Senior Health Fair May 8th, and the Click it or Ticket Campaign throughout May.</p>	<p>workgroup contact Stacy Lucas: email slucas@defiance-county.com</p>
<p>Report out Trans-Strategies</p>	<p>Julie still gets calls asking for the orange books, she has approximately half of a box left. Jamie gave an update on behalf of Carrie relaying that they are still waiting to hear official word on the Mobility Manager Grant. This position would be employed through NOCAC and would focus on the transportation needs within Defiance County.</p>	<p>If you would like a resource guide, contact Julie Voll: jvoll@defiance-county.com</p> <p>If you are interested in being a part of the transportation team, contact Carrie Wetstein uwexec@defnet.com</p>
<p>2018 Health Assessment</p>	<p>Emily Stearns, our Hospital Council Representative relayed that they received the analyzed adult and child data from our professors (at UT/ BGSU) so will be writing the reports over the next few weeks!</p> <p>We ended up with 281 child surveys (CI=± 5.72) and 430 adult surveys (CI=± 4.68).</p>	<p>If you have any questions as to what your agency contributed last cycle contact: Jamie Gerken: gerken@defiance-county.com</p>
<p>Agency Updates</p>	<p>Jack-Promedica Safety Day is this Saturday May 5 at Promedica (see attached flyer).</p> <p>Jessica- Hidden in Plain Sight at the Lilac Festival. Also save the date for the One Step at a Time 5k on September 29th.</p> <p>Les- All of the mental health service transitions have been successful.</p> <p>Toni- If anyone has materials or ideas for the Four County Suicide Prevention website please contact her.</p>	

	<p>Ruth- Serenity Haven has increased its capacity for residential treatment.</p> <p>Connie- Maumee Valley Guidance Center is increasing their prevention activities. They have also hired a youth psychiatric nurse practitioner and have expanded their home visiting services.</p> <p>Bridget- The health district is applying for the Ohio Department of Health Maternal and Child Health Program Grant to conduct an assessment of the health and resiliency of Defiance County youth.</p> <p>Deb-The Defiance County Safe Communities Coalition will be at the Lilac Festival. Come Check out our fatal vision goggles.</p> <p>Kirstie- The Lilac Festival is Downtown Defiance May 12 from 10:00 AM to 4:00 PM. Parking is available behind the McDonald Building and a shuttle is available.</p>	
<p>Next Meeting- Thursday May 3, 2018 8:30-10:00 am@ EMA</p>	<p>All meetings will be held at Defiance County EMA and held 8:30 am- 10:00 am</p>	<p><u>POWER Defiance County Meetings for 2018</u> Thursday, August 2, 2018 Thursday November 1, 2018</p>

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