

FOR IMMEDIATE RELEASE

March 13, 2020

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### **Coronavirus Disease (COVID19)**

Defiance County General Health District (DCGHD) is closely monitoring Coronavirus Disease (COVID-19). As of Friday, March 13<sup>th</sup>, 2020 at 11:00am, there are no confirmed cases of COVID-19 in Defiance County, however there are 5 confirmed cases in Ohio as of March 12, 2020 at 2:00pm. DCGHD is communication with state and local partners to prevent the spread of COVID-19 and sharing prevention guidance. DCGHD is taking measures to minimize the impact within our community.

#### **How does the virus spread?**

COVID-19 is spread by close contact between people (within 6ft), mostly from respiratory droplets which are produced when a person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

#### **What are the symptoms?**

The following symptoms may appear 2-14 days after exposure.

- Fever, Cough, and Shortness of breath

#### **What can you do?**

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use alcohol-based (60%) hand sanitizer.
- Cover your cough and sneezes with a tissue or sleeve. Discard tissues immediately.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay at home if you are sick and avoid contact with people who are sick.
- Self-Monitor and practice social distancing
- **Call Ahead:** If you have a medical appointment, call the healthcare provider and tell them that you have or may have COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed.

For more information:

- Center for Disease Control: [www.cdc.gov](http://www.cdc.gov)
- Ohio Department of Health: [www.coronavirus.ohio.gov](http://www.coronavirus.ohio.gov)

Call: 1-833-427-5634

- Defiance County Health Department: [www.defiancecohealth.org](http://www.defiancecohealth.org)

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