

COVID-19 Information for Healthcare Professionals Conserving and Using PPE with COVID-19

The Ohio Department of Health, in alignment with the Centers for Disease Control and Prevention (CDC), is working tirelessly to ensure we have enough Personal Protective Equipment (PPE) to provide care for the most vulnerable populations during the COVID-19 pandemic. During this time, Ohio Department of Health Director Amy Acton, M.D., MPH, strongly recommends the following measures to conserve PPE supply in the state of Ohio:

- For healthcare agencies and providers, consider Surgical Mask and Gown Conservation Strategies from the U.S. Food and Drug Administration (FDA) and CDC to help your supply last longer. Some of these include:
 - Implementing the use of reusable gowns.
 - Prioritize the type of PPE required based on the procedure to be performed.
- Consider changes in your facility to minimize wasted PPE.
 - Consider changing policies around isolation precautions and procedures.
 - Consider implementing cohorting patients in the same room, considering their conditions.
 - Practice batch care so you limit the amount of times you use PPE for the same patients.
- The CDC does not recommend that healthy people wear a mask to protect themselves from illnesses, including COVID-19. You should only wear a mask if a healthcare professional recommends it. A facemask should be used by people who have COVID-19 and are showing symptoms. This is to protect others from the risk of getting infected.
- We know some people have purchased PPE, including masks, to prepare for this pandemic. We are asking those who have extra PPE to consider donating it, to make sure those who need it have enough.
 - If you have some you'd like to donate, first call your local EMA to notify them of the availability of PPE, should it be needed.
 - You should not drop it off; instead you should hold onto it so that it can be redirected to an area of need, should the need arise.

- Ohio Governor Mike DeWine has also asked that all elective surgeries and procedures in Ohio be postponed until after the PPE shortage and COVID-19 pandemic have ended.

For more information on COVID-19, please visit coronavirus.ohio.gov

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available. Call the Disaster Distress Helpline at 1-800-985-5990 (1-800-846-8517 TTY); connect with a trained counselor through the Ohio Crisis Text Line by texting the keyword "4HOPE" to 741 741; or call the Ohio Department of Mental Health and Addiction Services help line at 1-877-275-6364 to find resources in your community.

Additional Resources:

CDC guidance for managing the supply of PPE: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/healthcare-supply-ppe-index.html>

National Institute for Occupational Safety and Health (NIOSH) guidance for extended use and limited reuse of PPE in healthcare settings: <https://www.cdc.gov/niosh/topics/hcwcontrols/recommendedguidanceextuse.html>

CORONAVIRUS DISEASE 2019 Ohio

Department
of Health

Protect yourself and others from
COVID-19 by taking these precautions.

PREVENTION

For additional information call 1-833-4-ASK-ODH or visit coronavirus.ohio.gov.



STAY HOME



PRACTICE
SOCIAL
DISTANCING



GET ADEQUATE SLEEP
AND EAT WELL-
BALANCED
MEALS



WASH HANDS OFTEN
WITH WATER AND SOAP
(20 SECONDS
OR LONGER)



DRY HANDS WITH
A CLEAN TOWEL
OR AIR DRY
YOUR HANDS



COVER YOUR MOUTH
WITH A TISSUE OR
SLEEVE WHEN
COUGHING OR SNEEZING



AVOID TOUCHING
YOUR EYES, NOSE,
OR MOUTH WITH
UNWASHED HANDS
OR AFTER
TOUCHING SURFACES



CLEAN AND DISINFECT
"HIGH-TOUCH"
SURFACES OFTEN



CALL BEFORE VISITING
YOUR DOCTOR



PRACTICE GOOD
HYGIENE HABITS

For more information, visit: coronavirus.ohio.gov