## Defiance County 2022- 2024 Community Health Improvement Plan (CHIP)

The Community Health Improvement Plan (CHIP) is a blueprint for improving the health and health-related systems of our community. The goal is to improve the behavioral, physical, mental and social health and overall well-being of our community. There are many factors that affect one's health. It is important to address all aspects of health. The CHIP encourages connecting, coordination and working together around common goals to help strengthen the programs, services, and resources that create a healthy community.

## **Defiance County CHIP Priorities**

† Community Conditions † Health Behaviors † Access to Care † Mental Health & Addiction † Chronic Disease † Injury Prevention

## **Health Factors** Socioeconomic 40% 10% **Physical Environment** 30% **Health Behaviors** 20 **Health Care**

## **Defiance County CHIP Strategies**

- ◆ Affordable housing development and preservation
   ◆ Early childhood home visiting programs
   ◆ Health in all policies
- Food insecurity and screening referral
  Healthy food initiatives in food banks
- Guides for family services and support
- School-based social and emotional instruction
   Develop a unified approach to youth
   prevention programming
   School-based alcohol/other drug prevention programs
- Increase community awareness and education of risky driving behaviors Increase awareness of child passenger safety best practices
- Complete Streets and streetscape design initiatives
- Public transportation systems
- Mass media campaigns against tobacco use
   Community-wide physical activity campaign
- ◆ Universal school-based suicide awareness and education programs
   ◆ Mass media campaigns to support positive mental health
   ◆ Community based mental health
   ◆ education
   ◆ Mass media campaigns against risky behaviors and substance abuse
- Blood pressure screening for adults aged 18 and older
- Activity programs for older adults Increase the use of safe sleep practices
- Workforce shortages Dental awareness Health literacy interventions



