



POWER Defiance County

Promoting Overall Wellness and Empowering Residents

February 4, 2021 8:30am- 10:00 am

Attendees: Jack Poling (ProMedica), Sheana Behringer (NOCAC), Betty Clevinger (Community Memorial Hospital), Jeff Owens (Mercy Health Defiance), Erin Spieth (Juvenile Court), Jane Zachrich (Community Memorial Hospital), Diane Simon (ProMedica), Karen VonDeylen (Maumee Valley Guidance Center), Julie Voll (Defiance Co. Family & Children First), Abby Wolfrum (United Way of Defiance County), Bridget Winslow (Defiance College), Rachelle Kuhn, Jamie Gerken, Bridget Fischer, and Stacy Lucas (Defiance Co. General Health District)

Topic	Discussion	Decision, Action/Assignments
Welcome and Introductions	N/A	N/A
Report out Mental Health and Addiction	<p><i>Priority #1 Strategy #1: Develop a unified approach to youth prevention programming</i> A survey was distributed by DCGHD Summer of 2020. Due to COVID-19 restrictions, the efforts to create an inventory of prevention program for Defiance County School Districts has been put on hold. DCGHD will revisit the efforts the end of Spring 2021.</p> <p><i>Strategy #2: Universal school-based suicide awareness and education programs</i> Maumee Valley Guidance Center continues to implement Signs of Suicide.</p> <p><i>Strategy #3: Implement school-based social and emotional instruction</i> Maumee Valley Guidance Center continues to implement Incredible Years program The Four County Suicide Prevention Coalition has a virtual meeting scheduled for 2/25/2021 at 7:30am.</p> <p><i>Strategy #4: Community-wide campaign to promote positive mental health and cell phone-based support programs</i></p>	

	<p>The 4 Your Mental Health committee continues to meet to implement the community-wide wellness campaign to promote positive mental health through social media, local media, and billboards.</p> <p>The Four County ADAMh's and Four County Suicide Prevention Coalition worked with University of Toledo students to create a media campaign using social media, radio, and billboards, with Mental Health and Suicide prevention messaging specific to COVID-19. The media has been posted and shared with partners and on the Four County Coalition Facebook page.</p> <p><i>Strategy #5: Community awareness and education of risky behaviors and substance abuse issues and trends</i></p> <p>The Drug Free Coalition meetings have been put on hold due to COVID-19. DCGHD is working to create a plan and determine meeting times for 2021. DCGHD continues to post messaging around the different hot topics and how to cope with the stress of COVID-19 on their website and social media pages.</p> <p><i>Strategy #6: Mental health first aid</i></p> <p>Maumee Valley Guidance Center continues to implement and offer Mental Health First Aid trainings. If your organization is interested in the Mental Health First Aid trainings, please contact Karen VonDeylen at Maumee Valley Guidance Center, kvondeylen@mvgohio.org In order to receive the training, there must be a minimum of 5 in attendance. At this time, funding from the ADAMh's board and United way allows the training to be offered at no cost.</p> <p><i>Strategy #7: Implement school-based alcohol/other drug prevention programs</i></p> <p>The Too Good for Drugs program has been put on hold due to school COVID-19 restrictions.</p> <p><i>Strategy #8: Implement Parent Project</i></p> <p>The Parent Project program will continue to run as ordered by the Court. They are looking at holding a class possibly the end of March. The Juvenile Court does not have any plans at this time to expand the program or train other facilitators at this time.</p>	
<p>Report out Chronic Disease Workgroup</p>	<p><i>Strategy #1: Community Gardens</i></p> <p>The group will be working on community garden items in the future. Renovations to Compo park on the East side of Defiance will begin in the next year or so. DCGHD is also in communication with Defiance College in order for students to assist in this strategy. Health Department representatives will be attending a Defiance Park & Recreation meeting in 2021.</p>	

Strategy #2: Community-wide physical activity campaigns

The Health and Wellness Group, as part of Defiance City's strategic plan, has a goal of creating a program related to walking trails. The group would like to see current walking trails supplemented with signage, highlighted and promoted and the creation of new trails. The Health Department has been awarded a United Way-One Step at a Time 5k Run/Walk Grant. The funds will replace the current Defiance County East/West walking trail signs with mental health messaging, update cross walk and directional signage paint for safety, and add dog waste stations in the area. DCHGD is working to have various health/wellness stations throughout the trail. Mercy Defiance Hospital is working extend the mental health messaging signs to their walking trail, which connects to the county trail. DCGHD and Mercy Health are actively contacting companies to receive an estimate on cost in order to asphalt the walking trails.

ProMedica's most recent walking initiative, they utilized the Chamber to bring in some local businesses to join the walking challenge. They had members from the Chamber, Visitors Bureau, United Way, Promedica, and Farmers and Merchants Bank. PDRH Walking Challenge (8/1-9/12) had 57 Participants and the Defiance Business Challenge (9/19-10/31) had 45 participants which generated \$112 to be donated to local charity

Strategy #3: Healthy food initiatives

SNAP/EBT at farmer's markets: Health Department representatives have met with Defiance JFS, OSU Extension (Coordinate the Hicksville and Northtowne Mall Farmer's Markets), and the Defiance Development and Visitors Bureau (Coordinate the ProMedica sponsored Downtown Defiance Farmers Market) representatives to discuss potential barriers and next steps for a pilot project for the addition of SNAP/EBT. The Downtown Farmer's Market has agreed to move forward with possibly offering SNAP/EBT at their farmer' market for the 2021 season. Kirstie Mack, Executive Director of the Defiance Development and Visitors Bureau, will be presenting SNAP/EBT information at the February/March vendors meeting in order to get an idea of how many vendors would be interested.

Strategy #4: Food insecurity screening and referral

ProMedica currently uses a two question model at in all of their inpatient departments and also in the Emergency Center. Primary Care Offices also use the same model via

	<p>tablets distributed to the patient during their visit, which is combined with several other SDOH questions.</p> <p>PDRH also provides any inpatient with a positive screen, with a food package which contains two days' worth of nonperishable food items to take with them upon discharge. The package also contains a list with all the local food pantries. Every patient who screens positive on the inpatient side, meets with our Discharge Planner as well to help identify the possible causes for their food insecurity. They can also opt into a program which enables food to be delivered directly to their home from local pantries if they do not have the means to get to the pantries. If an Emergency Room patient screens positive, they are given community resources to help them find food and other services, but not a food package.</p> <p>Mercy Health tool is now available in EPIC but it does need to become a part of the intake procedure for the nurses. Clinic staff have received training and process. Mercy Health is working on a plan to provide a bag of food to send home with those answering yes to the food screening questions.</p>	
<p>Report out Injury Prevention Workgroup</p>	<p><i>Strategy #1: Increase the use of safe sleep practices</i></p> <p>The Health Dept. continues to push out safe sleep messages via social media and distributes pack in plays for families who do not have a safe sleep environment. DCGHD ordered 20 cribs in January, thanks to a grant award from the Women's Giving Circle of Defiance County.</p> <p>ProMedica had 293 parents educated on safe sleep practices year to date 2020.</p> <p><i>Strategy #2: Activity programs for older adults</i></p> <p>Due to COVID-19, all classes are put on hold. The national program piloted a virtual program Fall of 2020 to ensure the program stays evidence-based. The program was successful in maintaining efficacy. Virtual Matter of Balance classes may be an option for the future.</p> <p><i>Strategy #3: Increase awareness of child passenger safety best practices</i></p> <p>DCGHD is continuing to offer the car seat program virtually to those who meet the income requirements and do not currently have a car seat.</p> <p>Currently, no in person instructor or CPST trainings are being conducted. In person car seat inspections are not taking place due to social distancing guidelines. Virtual visit criteria are being developed. Social distancing must be included in promoting child passenger safety and conducting car seat inspections. Plan to reinstate car seat inspections in a safe manner.</p> <p>ProMedica's new falls screening and referral process to begin in 2021</p>	

	<p><i>Strategy #4: Increase community awareness and education of risky driving behaviors</i> Continue to promote traffic safety messages through social media messaging rather than in person events. Social media: December reach: 6,990 and January reach: 6,236. Due to COVID-19, all events and meetings are on hold.</p>	
<p>Report out Cross Cutting Strategies Workgroup</p>	<p><i>Strategy #1: Family Services Guide</i> The Family Services Guide has been updated. If you would like a copy of the Resource Guide, please contact Julie Voll at joll@defiance-county.com The online Defiance County Resource guide was deployed in 2020 in response to COVID-19 and giving the community updated and verified resources. Visit: www.defianceinfo.com</p> <p><i>Strategy #2: Determine feasibility of a paramedicine program in Defiance County and community health workers</i> Dialogue continues within the community regarding a Paramedicine program. Working to determine if initiative is going to be pursued further.</p> <p><i>Strategy #3: Affordable, quality housing</i> The housing coalition continues to meet to discuss housing issues. All programs related to housing are continuing—some are slowed down due to the lack of in-person meetings during the intake process. NOCAC currently has a Rent-Smart program to help renters understand and be better tenants and a program is being planned for Landlords. The City of Defiance Housing committee is seeking ways to create affordable housing. NOCAC also has CARES Act funds available to assist households with rent, utilities, and food.</p> <p><i>Strategy #4: Complete Streets</i> Maumee Valley Planning has developed a DRAFT active transportation plan that could address complete street actions/policies. The Transportation coalition meetings are currently on hold due to COVID-19.</p> <p><i>Strategy #5: Access to transportation</i> Continue to work to address the lack of public transportation in Defiance County. Continue to work with the stake holders in the community to see if there is a collective opportunity to share resources and provide transportation. There is a group who still meets virtually to discuss the ODOT grants and hiring a Mobility Manager. New Executive Director at the United Way of Defiance County- Abby Wolfrum abby@unitedwaydefiance.org</p> <p>Transportation was identified as a barrier for those residents to get to vaccine appointments. DCGHD was awarded grant funding through a United Way of Defiance</p>	

	<p>County emergency grant. The grant funding covers transportation costs through K&P Medical for residents to be transported to vaccine appointments.</p> <p><i>Strategy #6: Health in All Policy</i></p> <p>In 2019, the Defiance City council passed a Health in All Policy resolution. The City of Defiance will engage with communities and stakeholders who may be most affected by potential policies and practices to ensure that decisions incorporate their knowledge and perspectives; Work in partnership with residents, communities, stakeholders and local governments to develop and update policies and systems to consider health; Recommend partners engage with communities and stakeholders who may be most affected by potential policies and practices to ensure that decisions incorporate their knowledge and perspectives</p>	
<p>Defiance County Community Health Needs Assessment (CHA) Update</p>	<p>At the October 15th POWER Defiance County meeting, committee members voted to move forward with Secondary Data Assessment and CHIP options through the Hospital Council of Northwest Ohio. DCHGD has reached out to various health partners in Defiance County and received funding support for the CHA and CHIP.</p> <p>Rachelle Kuhn gave a presentation on the Defiance County CHA/CHIP HCNO contract. The committee discussed the specific CHA/CHIP HCNO timeline and deliverables, examples of data that can be sent to HCNO for the CHA, specific CHIP meeting timeframes, and the specific tasks of POWER Defiance County members and HCNO. Please refer to the presentation slides for specific information.</p> <p>Since meeting, the DCGHD Board of Health has approved the CHA/CHIP HCNO Contract. DCGHD has received the first invoice.</p>	
<p>Review of Epidemiology Reports</p>	<p>Presented Senior Falls data, Drug Overdose data, Suicide data, and Call Center statistics for Defiance County. Please refer to the presentation slide for all data sets and graphics. Data from November and December were collected using ESSENCE. Please use caution when interpreting the data. Data was not able to be captured in October due to a change in databases.</p>	
<p>Agency Updates</p>	<p>Early Childhood Development Screenings will be offered at Hicksville and Defiance locations. <u>Facebook Page</u>: Northwest Ohio Early Childhood Development Screenings. <i>Flyer attached</i></p> <p>NOCAC is still providing services. They are offering financial classes, winter HEAP program, taking applications for early Head Start for next year. The PATH Center is continuing to offer drive thru meals.</p>	

	<p>Defiance College is back on campus. Jack Powell, as Defiance College student, will be assisting DCGHD and the POWER Defiance County committee with initiatives and collection of CHA data.</p> <p>Maumee Valley Guidance Center- Offering a virtual Parent Café every Tuesday. For more information, please contact Karen VonDeylen at kvondeylen@mvgohio.org</p> <p>Health Department- For October through December, the Health Department was case managing and contact tracing around 900 cases per month. Jamie Gerken explained, while the COVID-19 numbers are trending down for Defiance County, we urge all residents to continue to wear a mask, socially distance, frequently wash your hands, and stay home if you are sick. The COVID-9 vaccine has begun to roll out, the COVID-19 vaccine is extremely limited. As vaccine supply increases, we will be able to vaccinate more of those in Phase 1B. Each week, the federal government informs Ohio of its statewide vaccine allocation. Defiance County Providers are then notified from the state if they will be receiving vaccine, and if so, how many doses of vaccine they will be receiving for the following week. The number of vaccines doses being received impacts the number of clinics or appointments available through each individual provider. DCGHD will continue to post all updates on social media, local media, and website.</p>	
Next Meeting	Thursday, May 6th, 2020-8:30-10:00 am— Virtual Meeting	
POWER Defiance County Meetings for 2021	<p>May 6th, August 5th, November 4th.</p> <p>At this time, all meetings will be held virtually and be from 8:30 am- 10:00 am. All meeting information will be sent out closer to the meeting date.</p>	