



POWER Defiance County
Promoting Overall Wellness and Empowering Residents

May 5, 2021 8:30am- 10:00 am

Attendees: Jack Poling and Diane Simon (ProMedica), Jeff Owens (Mercy Health Defiance), Ruth Peck (Recovery Services), Erin Spieth (Juvenile Court), Jane Zachrich (Community Memorial Hospital), Kirstie Mack (Defiance Development and Visitors Bureau), Mayor Mike McCann (Mayor-Defiance City), Karen VonDeylen (Maumee Valley Guidance Center), Julie Voll (Defiance Co. Family & Children First), Chief Todd Shafer (Defiance City Police), Jane Myers (Defiance Elm. School), Rachelle Kuhn, Jamie Gerken, and Bridget Fischer (Defiance Co. General Health District)

Topic	Discussion	Decision, Action/ Assignments
Welcome and Introductions	N/A	N/A
Report out Mental Health and Addiction	<p><i>Priority #1 Strategy #1: Develop a unified approach to youth prevention programming</i> A survey was distributed by DCGHD Summer of 2020. Due to COVID-19 restrictions, the efforts to create an inventory of prevention program for Defiance County School Districts has been put on hold. DCGHD will revisit the efforts the end of Spring 2021.</p> <p><i>Strategy #2: Universal school-based suicide awareness and education programs</i> Maumee Valley Guidance Center continues to implement Signs of Suicide. In 2021, Fairview High School and Ayersville High School have participated in the SOS program, with a total of 52 students educated through the program. Ayersville High School has expressed interest in the SOS Parent Program to help educate parents on the program as well as warning signs, how to talk, and available resources. For the 2020-2021 school year, Tinora Middle and High School, Fairview Middle and High School, and Ayersville High School participated in the SOS program with a total of 336 students educated this school year. Defiance Middle and High School typically participate in the program; we suspect that COVID may be a factor as to why they did not participate this year. We are hopeful that the 2021-2022 school year will allow us back into the school. We still have not had luck getting into Hicksville Schools.</p> <p><i>Strategy #3: Implement school-based social and emotional instruction</i> Maumee Valley Guidance Center continues to implement Incredible Years program. So far in 2021, Fairview Elementary School has participated in the Incredible Years program with a total of 52 students participating. We will begin soon with Heather’s Day</p>	

Care locations in Defiance throughout the summer. For the 2020-2021 school year, Tinora, Ayersville, and Fairview Elementary Schools participated in the program with a total of 245 students. Typically, Defiance and Hicksville Elementary Schools participate in the program, but did not this year due to COVID. Both of these schools have expressed interest in resuming the program for the 2021-2022 school year.

The Four County Suicide Prevention Coalition has a **virtual** meeting scheduled for **5/27/2021 at 7:30am.**

Strategy #4: Community-wide campaign to promote positive mental health and cell phone-based support programs

The 4 Your Mental Health committee continues to meet to implement the community-wide wellness campaign to promote positive mental health through social media, local media, and billboards.

The Four County Suicide Prevention Coalition and the 4YourMental Health members have partnered to share messaging via social media and billboards.

Strategy #5: Community awareness and education of risky behaviors and substance abuse issues and trends

The Drug Free Coalition met May 5th, 2021 to discuss next steps of the coalition and programming. DCGHD continues to post messaging around the different hot topics and how to cope with the stress of COVID-19 on their website and social media pages.

Strategy #6: Mental health first aid

Maumee Valley Guidance Center continues to implement and offer Mental Health First Aid trainings. We have not yet held any Adult or Youth Models of Mental Health First Aid in Defiance County in 2021, but do have 2 Youth model trainings scheduled in May and 1 adult model scheduled in June (we do anticipate scheduling more soon). This week we also began the Teen Mental Health First Aid program at Ayersville High School for the SADD group (Students Against Destructive Decisions). Teen Mental Health First Aid is a new model that is presented to high school students for a total of six 45-minute classes (or three 90-minute classes). In order for a school to provide the program to their students, they must have at least 10% of their staff trained in the Youth Mental Health First Aid program.

If your organization is interested in the Mental Health First Aid trainings, please contact Karen VonDeylen at Maumee Valley Guidance Center, kvondeylen@mvgohio.org In order to receive the training, there must be a minimum of 5 in attendance. At this time,

	<p>funding from the ADAMh’s board and United way allows the training to be offered at no cost.</p> <p><i>Strategy #7: Implement school-based alcohol/other drug prevention programs</i> The Too Good for Drugs program is being delivered to Defiance Elementary and Hicksville HS. This program also incorporates the topic of vaping. Kathy has reached out to other schools to offer the program. They are working to determine evidence-based programs/curriculums and working on summer camps. The adolescents program Prime for Life will start this summer, 2021. Kathy will be meeting with DARE Officer Phipps to discuss vaping programming.</p> <p><i>Strategy #8: Implement Parent Project</i> The Parent Project program will continue to run as ordered by the Court. We are close to completing our current session. At the end we will have 6 parents that have successfully completed.</p>	
<p>Report out Chronic Disease Workgroup</p>	<p><i>Strategy #1: Community Gardens</i> The group will be working on community garden items in the future. Renovations to Compo park on the East side of Defiance will begin in the next year or so. DCGHD is also in communication with Defiance College in order for students to assist in this strategy. Health Department representatives will be attending a Defiance Park & Recreation meeting in 2021.</p> <p><i>Strategy #2: Community-wide physical activity campaigns</i> The Health and Wellness Group, as part of Defiance City’s strategic plan, has a goal of creating a program related to walking trails. The group would like to see current walking trails supplemented with signage, highlighted and promoted and the creation of new trails.</p> <p>DCGHD received an estimate from Loop Paving in order to asphalt the walking trail.</p> <p>Mercy Defiance has received a grant to pave their portion of the walking trail and are working on finalizing the signage for the trail. The wellness committee at ProMedica Defiance held a 6 week walking challenge with a total of 57 participants</p> <p>ProMedica: A second 6-week community walking challenge was held with a total of 45 participants. ProMedica also raised \$225 during the challenge which was donated to the united way of</p>	

defiance county covid fund; participating were farmers and merchants bank, ProMedica defiance hospital, defiance visitors' bureau, defiance chamber, united way. The wellness committee at ProMedica defiance held a 6 week walking challenge with a total of 57 participants. The wellness committee has been busy internally but limited due to COVID-19 as far as community events. They have a monthly wellness newsletter with physical activity exercises, nutrition, and mental wellness advice

Strategy #3: Healthy food initiatives

The Downtown Farmer's Market has agreed to move forward with possibly offering SNAP/EBT at their farmer's market for the 2021 season. Kirstie Mack, Executive Director of the Defiance Development and Visitors Bureau, will be presented SNAP/EBT information at the February/March vendors meeting and has many vendors interested. Kirstie is working to finalize the USDA application process with the hopes to offer SNAP/EBT this summer. DCGHD and Kirstie have met to discuss the specific details for accepting SNAP/EBT. They will continue to meet and collaborate.

Strategy #4: Food insecurity screening and referral

ProMedica currently uses a two question model at in all of their inpatient departments and also in the Emergency Center. Primary Care Offices also use the same model via tablets distributed to the patient during their visit, which is combined with several other SDOH questions.

PDRH also provides any inpatient with a positive screen, with a food package which contains two days' worth of nonperishable food items to take with them upon discharge. The package also contains a list with all the local food pantries. Every patient who screens positive on the inpatient side, meets with our Discharge Planner as well to help identify the possible causes for their food insecurity. The can also opt into a program which enables food to be delivered directly to their home from local pantries if they do not have the means to get to the pantries. If an Emergency Room patient screens positive, they are given community resources to help them find food and other services, but not a food package.

The goals and action steps have been fully implemented.

Mercy Health tool is now available in EPIC but it does need to become a part of the intake procedure for the nurses. Clinic staff have received training and process. Mercy Health is working on a plan to provide a bag of food to send home with those answering yes to the food screening questions.

<p>Report out Injury Prevention Workgroup</p>	<p><i>Strategy #1: Increase the use of safe sleep practices</i> The Health Dept. continues to push out safe sleep messages via social media and distributes pack in plays for families who do not have a safe sleep environment. We have resumed virtual safe sleep education and cribette pick up. In March, DCGHD presented a review of the Cribs for Kids program at the Annual Women’s Giving Circle meeting which aired on DCTV. Cribs for Kids brochures were distributed to area birthing hospitals.</p> <p><i>Strategy #2: Activity programs for older adults</i> Due to COVID-19, all classes are put on hold. The national program piloted a virtual program Fall of 2020 to ensure the program stays evidence-based. The program was successful in maintaining efficacy. Virtual Matter of Balance classes may be an option for the future.</p> <p><i>Strategy #3: Increase awareness of child passenger safety best practices</i> DCGHD has resumed virtual education and pick up of child restraints for the OBB program. We should receive a car seat shipment in May. Car seat program materials were distributed to area birthing hospitals. Nathan also renewed his child passenger safety technician certification, which renews every 2 years.</p> <p><i>Strategy #4: Increase community awareness and education of risky driving behaviors</i> In March, Defiance County Safe Communities partnered with Williams County Safe Communities Coalition, Ohio State Highway Patrol, Operation Lifesaver, and the Williams County Sheriff’s Office during a radio interview and panel discussion educating the public about railway safety and train safety. DCGHD was also able to increase the number of social media posts related to traffic safety in the month of March. DCGHD also issued a quarterly crash fatality press release. This press release intends to educate the public on traffic fatalities in the local community as well as the state, while providing traffic safety information.</p>	
<p>Report out Cross Cutting Strategies Workgroup</p>	<p><i>Strategy #1: Family Services Guide</i> The Family Services Guide has been updated. If you would like a copy of the Resource Guide, please contact Julie Voll at joll@defiance-county.com The online Defiance County Resource guide was deployed in 2020 in response to COVID-19 and giving the community updated and verified resources. Visit: www.defianceinfo.com The goals and actions steps have been fully implemented and met.</p>	

Strategy #2: Determine feasibility of a paramedicine program in Defiance County and community health workers

N/A Initiative being perused further

Strategy #3: Affordable, quality housing

The housing coalition continues to meet to discuss housing issues. All programs related to housing are continuing—some are slowed down due to the lack of in-person meetings during the intake process. The housing coalition continues to meet to discuss housing issues. All programs related to housing are continuing.

Strategy #4: Complete Streets

Maumee Valley Planning has developed a DRAFT active transportation plan that could address complete street actions/policies. The Transportation coalition meetings are currently on hold due to COVID-19.

Strategy #5: Access to transportation

Continue to work to address the lack of public transportation in Defiance County. Continue to work with the stake holders in the community to see if there is a collective opportunity to share resources and provide transportation. There is a group who still meets virtually to discuss the ODOT grants and hiring a Mobility Manager. Executive Director at the United Way of Defiance County- Abby Wolfrum abby@unitedwaydefiance.org

Transportation was identified as a barrier for those residents to get to vaccine appointments. DCGHD was awarded grant funding through a United Way of Defiance County emergency grant. The grant funding covers transportation costs through K&P Medical for residents to be transported to vaccine appointments.

Strategy #6: Health in All Policy

In 2019, the Defiance City council passed a Health in All Policy resolution. The City of Defiance will engage with communities and stakeholders who may be most affected by potential policies and practices to ensure that decisions incorporate their knowledge and perspectives; Work in partnership with residents, communities, stakeholders and local governments to develop and update policies and systems to consider health; Recommend partners engage with communities and stakeholders who may be most affected by potential policies and practices to ensure that decisions incorporate their knowledge and perspectives.

The goal and action steps have been fully implemented and met.

<p>Defiance County Community Health Needs Assessment (CHA) Update</p>	<p><i>Reminder:</i> At the October 15th POWER Defiance County meeting, committee members voted to move forward with Secondary Data Assessment and CHIP options through the Hospital Council of Northwest Ohio. DCHGD has reached out to various health partners in Defiance County and received funding support for the CHA and CHIP. Since meeting, DCGHD has collaborated with HCNO and various sectors in Defiance County to collect secondary data for the CHA. In the attached PowerPoint PDF presentation, slide 24, there is a current list of data points that DCGHD collected and sent to HCNO. Jack Powell, a Defiance College student, also assisted DCGHD and the POWER Defiance County committee with initiatives and collection of CHA data. Thank you to everyone for your help and support throughout the data collection process!</p>	
<p>Agency Updates</p>	<p>Defiance City Schools: Jane Myers announced the addition of the Life Wise religious education program by the Defiance Elementary School. This program will be located off-site and is not affiliated with the school.</p> <p>Maumee Valley Guidance Center: Mental Health Fist Aid Training flyer is attached to the email. For more information, please contact Karen VonDeylen at kvondeylen@mvgohio.org</p> <p>Defiance City Police: Chief Shafer gave an update regarding the School Resource Officers (SRO) in the area. Defiance will be adding a SRO. At this time, Ayersville will no longer of an SRO. The previous SRO is now a full-time road deputy for the Sherriff’s department. Chief Shafer will be reaching out to the schools to see if some of the confiscated vaping products can be given to the Hidden in Plain Site program. Chief Shafer stated they are looking forward to getting Coffee with a Cop started back up and building strong community interactions. Possibly looking to start the end of May or beginning of June.</p> <p>Recover Services of Northwest Ohio: Ruth Peck announced that Recovery Services now has “open access” at all out patient locations, Monday-Fridays. Anyone seeking help can come in and be seen that day.</p> <p>Health Department: DCGHD is working to come out of the COVID-19 response and begin to fully start back up programs and initiatives. Focusing COVID-19 vaccination clinics in areas where the COVID-19 vaccine uptake was lower. We will share all clinic information and updates via our website, social media pages, and to local press.</p>	

**POWER Defiance
County Meeting
Information**

Community Health Improvement Plan Meeting Schedule:

- July 15th
- August 5th
- August 26th
- September 16th

**Please refer to the “Defiance 2021-2023 CHIP Information” document attached.*

At this time, all meetings will be held virtually and be from 8:30 am- 11:00 am. **All meeting information will be sent out closer to the meeting date.**

