



## Agenda

### POWER Defiance County Meeting

**DATE:** May 19, 2022

**TIME:** 8:30- 10:00 am

**Location:** Defiance County East

**Purpose:** CHIP Progress Updates

**Facilitated by:** Defiance County General Health District

Topic	Discussion	Decision, Action/Assignments
<b>Welcome – Instructions for Break Out Sessions</b>	Members introduced themselves	
<b>Break-Out Sessions</b>	Those in attendance broke into groups based on interest/job responsibilities. Approximately one was spent discussing progress on action steps in the CHIP	Those that could not attend, please review the CHIP Progress document. Email Brian any notes on progress/completed/planned action steps.
<b>Re-group &amp; Share</b>	The group reconvened to report out on discussions within the break-out session.	<p>Each group leader will email Brian their notes. Brian will add all the notes into the CHIP Progress document to send out the POWER Defiance County.</p> <p>Each agency is to review their area in the attached CHIP Progress Document. Email Brian (<a href="mailto:bheil@defiancecohealth.org">bheil@defiancecohealth.org</a>) or call (419-784-3818) to provide any extra notes.</p>

**Next Meeting:**

August 11<sup>th</sup> 2022 @ 8:30am – Defiance County East Second Floor Conference Room

**POWER DEFIANCE COUNTY**

**MEETING SIGN-IN SHEET**

**Time in/out** 8:30 am- 10:00am

**Meeting Date:**  
5/19/2022

**Facilitator:** Brian Heil- DCGHD

**Place/Room:**  
Defiance County East  
2<sup>nd</sup> floor conf. room

Name	Affiliation/Department
Katie Katterheinnich	Pawens Care.
Lucy Lucas	DCGHD
Elizabeth Connor	Recovery Services
Tonic Long	4-County ADAMHS Board
Jamie Green	DCGHD
Jack Poling	Promedica Defiance
Hilary Kunesch	New Home Development
Debbie Stevens	City of Defiance / Mayor Mike
Kin Lam	MOPD
Julie Vee	Def Co Family & Children First
Katie Polzini	Pawens Care
Brian Heil	DCGHD

2022  2024

Defiance County

**Community Health  
Improvement Plan**

**Progress Notes**



## Priority #1: Community Conditions

### Priority #1: Community Conditions

#### Strategy 1: Health in all policies

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Educate local partners and community agencies on the importance of <b>health in all policies</b>.</p> <p>Reach out to interested organizations and local government officials to develop a health in all policies resolution.</p> <p>Create effective public health messaging about Hiap and health equity to partners and public.</p>	December 31, 2022	<p><b>Defiance County General Health District</b></p>	Health equity messaging deployed via social media. CHIP one pager shared at district advisory council – 5/19/22
<p><b>Year 2:</b> Continue efforts of year 1.</p> <p>Participate in cross sectoral strategic planning processes to promote Hiap.</p> <p>Integrate health considerations into ongoing permitting or planning process.</p>	December 31, 2023		
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p> <p>Continue to be a resource/guide for organizations and local gov't officials.</p>	December 31, 2024		

**Priority #1: Community Conditions**

**Strategy 2: Affordable housing development and preservation**

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Identify housing issues that are impacting personal health.</p> <p>Continue tenant Rent Smart program.</p> <p>Identify what policy or legislative changes POWER Defiance County can assist in.</p>	December 31, 2022	<p><b>Maumee Valley Planning Organization</b></p> <p><b>Defiance County General Health District</b></p> <p><b>Rita Kissner</b></p>	Rent smart program continues through NOCAC. Ordinances passed in Defiance City to accommodate the potential construction of a new apartment complex on the northwest side of Defiance. New Home looking to build an additional transitional housing unit. 5/19-22
<p><b>Year 2:</b> Research low income housing tax credits, <b>home improvement grant</b> opportunities, and <b>service-enriched housing</b> to support efforts.</p> <p>Expand tenant/landowner education program.</p> <ul style="list-style-type: none"><li>• Create a coordinated campaign of planned strategies and define interventions and resources.</li></ul>	December 31, 2023		
<p><b>Year 3:</b> Begin addressing strategies identified and implementing policy changes.</p> <p>Continue efforts from year 1 and 2.</p>	December 31, 2024		

**Priority #1: Community Conditions****Strategy 3: Early childhood home visiting programs**

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Collect baseline data on any current early childhood programs in Defiance County.</p> <p>Offer the <b>Help Me Grow Home Visiting program</b> in Defiance County virtually and on-site.</p> <p>Evaluate effectiveness of the program by using the following measures:</p> <ul style="list-style-type: none"> <li>• Improvement in maternal and newborn health;</li> <li>• Reduction in child injuries, abuse, and neglect;</li> <li>• Improved school readiness and achievement;</li> <li>• Reduction in crime or domestic violence;</li> <li>• Improved family economic self-sufficiency; and</li> </ul> <p>Improved coordination and referral for other community resources and supports</p>	December 31, 2022	<p style="text-align: center;"><b>NOCAC</b></p> <p style="text-align: center;"><b>Defiance County Family and Children First Council</b></p>	<p>Help Me Grow provided in Defiance County by the Henry County Health Department.</p> <p>Julie Voll will look into getting a meeting scheduled in the coming months. 5/19/22</p>
<p><b>Year 2:</b> Continue to promote and monitor the Help Me Grow Home Visiting program.</p>	December 31, 2023		
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p>	December 31, 2024		

## Priority #2: Health Behaviors

### Priority #2: Health Behaviors

#### Strategy 1: Healthy food initiatives in food banks

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Raise awareness of the available food pantries and farmers markets within the county (locations, offerings, etc). Update information on a quarterly basis.</p> <p>Obtain baseline data regarding which local food pantries have fresh produce available. Work with food pantries to offer fresh produce and assist pantries in seeking donations from local grocers.</p> <p>Offer <b>SNAP/EBT at farmers markets</b></p> <p>Educate vendors regarding food deserts and the benefits of accepting SNAP/EBT at farmers markets.</p>	December 31, 2022	<p><b>Defiance County General Health District</b></p> <p><b>Defiance Visitors Bureau</b></p>	<p>DDVB SNAP CARD reader –</p> <ol style="list-style-type: none"> <li>1. Kirstie sent request to state last year and has not heard anything. She will resubmit and find out what is happening.</li> <li>2. Called Promedica to confirm with Jack that they are still willing to fund the POS for the cards.</li> <li>3. Kirstie inquired about vendors taking SNAP/EBT cards for payment and they were willing to do that.</li> </ol> <p>Jack is to talk to Chef about food demonstrations with the different foods being sold at the market at that time.</p> <p>Contact OSU Extension Office – Possibly go to the Farmers Market to do demonstrations regarding Health and Nutrition Education – Annie – 5/19/22</p>
<p><b>Year 2:</b> Continue efforts of year 1.</p> <p>Determine feasibility of implementing any of the following in local food pantries or farmers markets:</p> <ul style="list-style-type: none"> <li>• Cooking demonstrations and recipe tastings</li> <li>• Produce display stands</li> <li>• Nutrition and health education</li> <li>• Health care support services</li> </ul>	December 31, 2023		
<p><b>Year 3:</b> Continue efforts of year 2.</p> <p>Implement at least 2 items above within local food pantries or farmers markets.</p>	December 31, 2024		



**Priority #2: Health Behaviors**

**Strategy 2: Food insecurity and screening referral**

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to implement a food insecurity screening to additional clinic sites or primary care offices.</p> <p>Educate healthcare organizations on food insecurity, its impact on health, and the importance of screening and referral.</p> <p>Expand awareness of food insecurity as part of routine medical visits on an individual and systems-based level.</p>	<p>December 31, 2022</p>	<p><b>Mercy Health Defiance</b></p> <p><b>Promedica Defiance Regional Hospital</b></p> <p><b>Community Memorial Hospital</b></p>	<p>Review Questions asked about food needs in the hospitals</p> <ul style="list-style-type: none"> <li>O Hicksville – nothing but refer to food banks</li> <li>O Mercy – Bag Lunch and refer to food banks</li> <li>O ProMedica - Bag of items and refer to food banks</li> </ul> <p>Are questions being asked like do you have the means to cook, pots and pans, gas or electric, knowledge?</p> <p>Many cannot get to the food banks – perhaps set up a delivery system for food if vetted through the hospital or reputable agency.</p> <p>Many do not know about Senior meals or Path Commodities – help clients sign up</p> <p>Compile List of food distributed by each hospital</p> <ul style="list-style-type: none"> <li>- Mercy – Lunch sac if anything at all</li> <li>- Hicksville - none</li> <li>- ProMedica - Shelf stable milk, cereal, Juice, applesauce/fruit cup, canned veggies, p. butter and crackers, soup (veggie, tomato, chicken noodle)</li> </ul> <p>There was additional discussion regarding talking to hospitals about meat vouchers or canned/shelf stable meat. Making sure the information they are distributing is correct and up to day. Consider having recipes to go with food packages, recipes for veggies for food banks.</p> <p>The group discussed checking with</p>

			other agencies. Do they ask about food insecurity? Do they provide food lists? Do they send people to Ravens Care, Senior Services, Path Commodities or one of the 7 food banks? 5/19/22
<p><b>Year 2:</b> Continue efforts of year 1. Implement the screening model in two additional locations with accompanying evaluation measures.</p> <p>Educate participating locations on existing community resources such as WIC, SNAP, school nutrition programs, food pantries, and other resources.</p>	December 31, 2023		
<p><b>Year 3:</b> Increase the number of locations offering food insecurity screening and referrals and continue to educate participating locations on existing community resources.</p>	December 31, 2024		

**Priority #2: Health Behaviors**

**Strategy 3: Community-wide physical activity campaigns**

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Complete a gap analysis of current physical activity offerings within the county and determine potential action steps focused on collaboration.</p> <p>Create branding for partnering organizations to share unified messaging regarding physical activity.</p>	December 31, 2022	<p><b>Defiance Area YMCA</b></p> <p><b>Defiance County General Health District</b></p>	
<p><b>Year 2:</b> Continue efforts from year 1.</p> <p>Update current physical activity guides and calendars. Maintain guides and develop a plan to update and sustain guides on a quarterly basis.</p> <p>Partner with local businesses, churches, and schools to support efforts (i.e. shared use agreements). Disseminate unified information and messaging throughout Defiance County.</p>	December 31, 2023		
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p>	December 31, 2024		

**Priority #2: Health Behaviors**

**Strategy 4: Complete Streets and streetscape design initiatives**

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Identify a champion from POWER Defiance County to assist in Defiance County Active Transportation Plan.</p> <p>Participant in the Complete Streets action steps within Defiance County Active Transportation Plan.</p> <p>Raise awareness of Complete Streets policy and recommend that all local jurisdictions adopt comprehensive Complete Streets policies.</p>	December 31, 2022	<p><b>Defiance County General Health District</b></p> <p><b>City of Defiance</b></p>	<p>Kim Lammers – helping Williams Co and can help Defiance County with Complete Streets.</p> <p>The active transportation committee is not actively meeting. Former members will reach out to attempt to reconvene the group. – 5/19/22</p>
<p><b>Year 2:</b> Continue to work on Active Transportation Plan goals and objectives</p>	December 31, 2023		
<p><b>Year 3:</b> Continue efforts from year 1 and 2</p>	December 31, 2024		

**Priority #2: Health Behaviors**

**Strategy 5: Mass media campaigns against tobacco use**

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Implement the following <b>Mass-reach communication</b> strategies:</p> <ul style="list-style-type: none"> <li>• Share messages and engage audiences on social networking sites like Facebook and Twitter.</li> <li>• Deliver messages through different websites and stakeholders communications.</li> <li>• Generate free press through public service announcements.</li> <li>• Pay to place adds on TV, radio, billboards, online platforms and/or print media.</li> </ul> <p>The <b>strategies</b> should focus on motivating tobacco users to quit, protecting people from the harm of secondhand smoke exposure, and preventing tobacco use and vaping initiation.</p> <p>Raise awareness of the <b>Tobacco 21</b> law.</p>	December 31, 2022	<p><b>Defiance County General Health District</b></p> <p><b>Drug Free Coalition</b></p> <p><b>ProMedica Defiance Regional Hospital</b></p>	JF at DCGHD has completed campaigns against tobacco use (disease, second hand smoke, youth prevention, and Tobacco 21 law) Campaigns will be scheduled throughout the year. DCGHD received quotes from the Crescent News for paid advertising. Will discuss w/ DFC on using money from budget for advertising. – 5/19/22
<p><b>Year 2:</b> Continue efforts from year 1. Promote and raise awareness of the <b>Ohio Tobacco Quit Line</b>. Promote the available cessation services and programs in the county.</p>	December 31, 2023		
<p><b>Year 3:</b> Continue efforts from years 1 and 2. Implement one mass-reach communication strategy.</p>	December 31, 2024		

## Priority #3: Access to Care

### Priority #3: Access to Care

#### Strategy 1: Health literacy interventions

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with organizations in Defiance County to create print-based materials designed to be easy to read and understand about <u>health-related topics</u> and misinformation (i.e., COVID-19 pandemic, chronic disease, etc.) to disseminate to community members living in Defiance County.</p> <p>Convene federal, state, local, territorial, tribal, private, nonprofit, and research partners to explore the impact of health misinformation, identify best practices to prevent and address it, issue recommendations, and find common ground on difficult questions, including appropriate legal and regulatory measures that address health misinformation while protecting user privacy and freedom of expression.</p>	December 31, 2022	<p><b>Defiance Public Library System</b></p> <p><b>Defiance County General Health District</b></p>	
<p><b>Year 2:</b> Promote educational programs that help people distinguish evidence-based information from opinion and personal stories.</p>	December 31, 2023		
<p><b>Year 3:</b> Deploy new messaging and community engagement strategies, including partnerships with trusted messengers. Proactively and rapidly release accurate, easy-to-understand health information in online and in-person settings. Invest in fact-checking and rumor control mechanisms where appropriate</p>	December 31, 2024		

**Priority #3: Access to Care** 

**Strategy 2: Guides for family services and support**

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Develop a marketing plan to continually update the Family Services Guide, mental health guide, and drug and resource guide. Deploy the guides throughout the community and to community agencies.</p> <p>Maintain multi-agency website for Defiance County resources.</p>	<p>December 31, 2022</p>	<p><b>ADAMhs Board</b></p> <p><b>Family and Children First Council</b></p> <p><b>Defiance County General Health District</b></p>	<p>Mental Health Guides: Updates and edits are complete; will be sent to the printer within next 10 days.</p> <p>Drug Treatment Guide: Working on updates.</p> <p>Both guides will be updated by June and uploaded to the Coalition website and the Four Co ADAMhs Board website. They will also be available to be emailed.</p> <p>Family Services Guide: No update; copies of last printing still available.</p> <p>Will attempt to reconvene resource committee to review/plan. 5/19/22</p>
<p><b>Year 2:</b> Continue efforts from year 1. Continue to update listings as necessary.</p>	<p>December 31, 2023</p>		
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p>	<p>December 31, 2024</p>		

**Priority #3: Access to Care** 

**Strategy 3: Dental awareness**

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Reconvene stakeholders to determine next steps in dental clinic needs in Defiance County.	December 31, 2022	<b>Defiance County General Health District</b> <b>ProMedica Defiance Regional Hospital</b>	Reached out to previous stakeholders regarding work towards a dental clinic being housed in Defiance County. Unfortunately, many of the stakeholders are no longer in their positions. We will continue to reach out to stakeholders to assess where the project ended and what needs to be done to reinvigorate the process. 5/19/22
<b>Year 2:</b> Investigate potential funding sources to carry out dental clinic.	December 31, 2023		
<b>Year 3:</b> Continue efforts from year 1 and 2.	December 31, 2024		



**Priority #3: Access to Care**

**Strategy 4: Public transportation systems**

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Assure representation from POWER Defiance County on The Transportation Initiative Task Force. Identify transportation issues that are impacting personal health.</p> <p>Disseminate information regarding transportation opportunities in Defiance County.</p> <p>Target businesses that serve at risk populations, as well as seniors.</p> <p>Continue to explore alternative transportation and opportunities to enhance coordination.</p>	<p>August 18, 2021</p>	<p><b>United Way of Defiance County</b></p>	<p>Transportation Coordination Committee Kim Lammers provide information on funding opportunities.</p> <p>Multiple POWER Defiance members attend the TCC committee. Data on transportation options in Defiance County are listed at NWomobility.com and updated by MVPO’s mobility manager each year.</p> <p>The coordinated transportation plan identified seniors, individuals with disabilities, individuals with lower socioeconomic standings and mental health diagnosis’ as having an unmet need for transportation services.</p> <p>Defiance County partnered to complete a letter of intent for ODOT 5310 funding, but not able to submit the grant application. We will regroup and plan again for next year. – 5/19/22</p>
<p><b>Year 2:</b> Continue disseminating information regarding transportation opportunities.</p> <p>Research alternative transportation opportunities as they become available.</p>	<p>August 18, 2022</p>		
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>	<p>August 18, 2023</p>		

**Priority #3: Access to Care** 

**Strategy 5: Workforce shortages**

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Identify local employer challenges with hiring and retention. Increase access for employee education on job to increase employment Share career trainings and jobs with high school students.	December 31, 2022	<b>Defiance County General Health District</b>	No progress at this time. 5/19/22
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2023	<b>Defiance County Economic Development</b>	
<b>Year 3:</b> Continue efforts from year 1 and 2.	December 31, 2024		

## Priority #4: Mental Health and Addiction

### Priority #4: Mental Health and Addiction

#### Strategy 1: Develop a unified approach to youth prevention programming

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Create an inventory of prevention programming that is available to Defiance County school districts. Include pertinent information (grade levels, time commitment, cost, etc.).</p> <p>Create a similar guide that lists which districts, schools, and grade levels are currently participating in the above programming. Ensure the information is easily accessible to community partners.</p> <p>Schedule a meeting with key stakeholders and the Educational Service Center to determine best ways to approach school districts with program offerings.</p>	December 31, 2022	<p><b>ADAMhs Board</b></p> <p><b>Defiance County General Health District</b></p>	<p>There was discussion about a list being started. BH will look into this. Recovery services is providing programming at Tinora, Defiance, and Hicksville. The group discussed sending a joint letter from Recovery Services, ADAMhs Board, and Health Department. Check with MVGC on programming in each district. – 5/19/22</p>
<p><b>Year 2:</b> Continue efforts of year 1.</p> <p>Meet with the ESC on an annual basis to continue unified approach.</p>	December 31, 2023		
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>	December 31, 2024		

**Priority #4: Mental Health and Addiction**

**Strategy 2: Universal school-based suicide awareness and education programs**

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Continue to offer/introduce school-based suicide awareness and education programs (i.e., <b>Signs of Suicide (SOS)</b> ) to school administration within Defiance County. Explore the feasibility of adjusting permission slips (i.e. moving from active to passive) to screen additional students.	December 31, 2022	<b>Maumee Valley Guidance Center</b>	Mental Health First Aid continues. There are some trainings coming up in June. Tonie will email Brian updates. Permission slips are now passive, in that parents have to opt out. – 5/19/22
<b>Year 2:</b> Continue efforts of year 1. Implement the program(s) in all county schools in select grade levels. Develop an educational piece targeting parents pertaining to the importance of mental health screenings for children.	December 31, 2023		
<b>Year 3:</b> Continue efforts of years 1 and 2. Expand program service area where necessary.	December 31, 2024		

**Priority #4: Mental Health and Addiction**

**Strategy 3: School-based social and emotional instruction**

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Continue to offer/introduce school-based social and emotional instruction (i.e., <b>The Incredible Years</b> ) program to school administration within Defiance County.	December 31, 2022	<b>Maumee Valley Guidance Center</b>	Funding is still provided by the ADAMhs board. Check with MVGC on status in districts. – 5/19/22
<b>Year 2:</b> Continue efforts from year 1. Expand program service area where necessary.	December 31, 2023		
<b>Year 3:</b> Continue efforts of years 1 and 2.	December 31, 2024		

**Priority #4: Mental Health and Addiction**

**Strategy 4: Mass media campaigns to support positive mental health**

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Implement the following mass-reach communication strategies:</p> <ul style="list-style-type: none"> <li>• Share messages and engage audiences on social networking sites like Facebook and Twitter.</li> <li>• Deliver messages through different websites and stakeholders communications.</li> <li>• Generate free press through public service announcements.</li> <li>• Pay to place adds on TV, radio, billboards, online platforms and/or print media.</li> </ul> <p>The strategies should focus on promoting <u>positive mental health awareness</u>.</p> <p>Consider adding icons/mental health information in unconventional locations (i.e. local websites throughout the county).</p> <p>Secure funding for campaign.</p>	<p>December 31, 2022</p>	<p><b>Defiance County General Health District</b></p> <p><b>ADAMhs Board</b></p> <p><b>Maumee Valley Guidance Center</b></p> <p><b>Recovery Services of Northwest Ohio</b></p> <p><b>A Renewed Mind</b></p>	<p>DCGHD participates in 4YMH, Four county Mental Health Coalition. Assisted in development of Mental Health Survey “What do you do for your mental health” Will post throughout the Month of February, please share. Data will be used to develop Mental Health messaging. February 2022 Email – Connect with others for your Mental Health March 2022 Billboard – Practice Gratitude to improve your mental health</p> <p>There was discussion on the influence drug and alcohol use has on mental health. The group discussed creating positive mental health messaging for printing on cocktail napkins/coasters and distributing to local establishments. – 5/19/22</p>
<p><b>Year 2:</b> Continue efforts from year 1.</p> <p>Target the campaign to specifically address demographics most at risk (i.e., youth).</p> <p>Launch campaign.</p> <p>Promote and raise awareness of the new Crisis Text Line (988) throughout the county.</p> <p>Continue to monitor and promote the use of the Crisis Text Line.</p>	<p>December 31, 2023</p>		
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Evaluate campaign effectiveness.</p> <p>Work on securing a local provider for mental health crisis phone line.</p>	<p>December 31, 2024</p>		

**Priority #4: Mental Health and Addiction** 

**Strategy 5: Community based mental health education**

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Continue to introduce/offer community based mental health education programs (i.e., QPR, Gatekeepers, Mental Health First Aid) within Defiance County.	December 31, 2022	<b>Maumee Valley Guidance Center</b>	Mental health First Aid trainings are ongoing – 5/19/22
<b>Year 2:</b> Continue efforts from year 1. Expand program service area where necessary.	December 31, 2023		
<b>Year 3:</b> Continue efforts of years 1 and 2.	December 31, 2024		

**Priority #4: Mental Health and Addiction** 

**Strategy 6: Mass media campaigns against risky behaviors and substance abuse**

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Implement the following mass-reach communication strategies:</p> <ul style="list-style-type: none"> <li>• Share messages and engage audiences on social networking sites like Facebook and Twitter.</li> <li>• Deliver messages through different websites and stakeholders communications.</li> <li>• Generate free press through public service announcements.</li> <li>• Pay to place adds on TV, radio, billboards, online platforms and/or print media.</li> </ul> <p>The strategies should focus on <u>awareness of risky behaviors and substance abuse issues and trends</u>. Include information on e-cigarettes, alcohol use, prescription drug abuse, and other illegal drug use.</p> <p>Work with the Defiance County Drug Free Coalition to determine best ways to educate community and parents (social media, newspaper, school websites or newsletters, television, church bulletins, etc.).</p>	December 31, 2022	<p><b>Defiance County General Health District</b></p> <p><b>Defiance County Drug Free Coalition</b></p>	DCGHD received a quote from the Crescent News to promote campaigns against risky behaviors and substance abuse. This will be discussed internally and with the DFC. – 5/19/22
<p><b>Year 2:</b> Continue efforts from year 1.</p> <p>Focus awareness programs and/or workshops on different “hot topics”, risky behaviors, and substance abuse issues and trends (i.e. Hidden in Plain Sight program, Parents who Host Lose the Most).</p> <p>Attain media coverage for all programs and/or workshops.</p>	December 31, 2023		
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>	December 31, 2024		



**Priority #4: Mental Health and Addiction** 

**Strategy 7: School-based alcohol/other drug prevention programs**

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to introduce/offer school-based alcohol/other drug prevention programs (i.e., <b>Too Good for Drugs</b>) within Defiance County school districts. Expand the program to interested districts.</p>	December 31, 2022	<p><b>Recovery Services of Northwest Ohio</b></p>	<p>Recovery Services is currently offering a 8-hour adolescent class. Referrals can be made by parents, schools, prosecutors, and courts. They are looking to implement a vaping curriculum into the class.</p> <p>Discussed setting up DFC tables at parent teacher conferences. Get local youth groups and churches involved. – 5/19-22</p>
<p><b>Year 2:</b> Continue efforts from year 1. Expand program service area where necessary.</p>	December 31, 2023		
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p>	December 31, 2024		

## Priority #5: Chronic Disease

### Priority #5: Chronic Disease

**Strategy 1:** Blood pressure screening for adults aged 18 and older, including obtaining measurements outside of the clinical setting

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Determine the baseline number of health care providers that currently screen for hypertension and regularly follow up with patients diagnosed with hypertension.</p> <p>Increase provider education on hypertension screening, treatment, and the importance of routine follow up with patients diagnosed with hypertension.</p> <p>Partner with local organizations to administer the screening and/or raise awareness of hypertension.</p> <p>Promote and market free/reduced cost screening events within the county (ex: health fairs, hospital screening events, etc.).</p> <p>Continue to distribute educational materials. Work with primary care physician (PCP) offices to assess what information and/or materials they may be lacking to provide better resources for pre-hypertensive or hypertensive patients.</p> <p>Develop a campaign encouraging residents to “know their numbers” (i.e., blood pressure and cholesterol) and the signs and symptoms of heart disease.</p>	December 31, 2022	<p><b>Defiance County General Health District</b></p> <p><b>Mercy Health Defiance</b></p> <p><b>ProMedica Defiance Regional Hospital</b></p>	<p>DCGHD offers BP clinics to UAW retirees 1 time a month for 1.5 hours. Results are recorded and referred as necessary. DCGHD tracks # of BPs taken.</p> <p>Need to check with the YMCA for additional BP clinics. ProMedica can supplement clinics and bring additional materials as needed. – 5/19/22</p>
<p><b>Year 2:</b> Continue to raise awareness of existing free/reduced cost blood pressure screenings throughout the county.</p> <p>Increase the number of healthcare providers that currently screen for hypertension and follow up by 5% from baseline.</p> <p>Implement campaign for residents to “know their numbers”.</p>	December 31, 2023		
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p>	December 31, 2024		

## Priority #6: Injury Prevention

Priority #6: Injury Prevention			
Strategy 1: Increase the use of safe sleep practices			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to work with hospitals and other local organizations to integrate safe sleep practices into the community.</p> <p>Improve media campaigns for awareness and continue to provide safe sleep tools to hospitals and new families.</p> <p>Develop partnerships with local organizations to build referrals for those who are not receiving prenatal care.</p>	December 31, 2022	<p><b>Defiance County General Health District</b></p> <p><b>Mercy Health Defiance</b></p> <p><b>Promedica Defiance Regional Hospital</b></p> <p><b>Community Memorial Hospital</b></p>	<p>Had meeting re: DCGHD website to improve "Preventing Injury" page and sub-pages, including Safe Sleep.</p> <p>Safe sleep campaign materials shared on social media and webpage (ABC's). Cribs for kids program at DCGHD. If eligible, families get safe sleep education and pack 'n play for their infant under 1. DCGHD markets the program via pamphlets for provider offices, social media, etc. DCGHD has received referrals from WIC, health care providers, insurance providers and/or families themselves</p> <p>DCGHD gave out 1 crib in the first quarter of 2022 (Jan-Mar) – 5/19/22</p>
<p><b>Year 2:</b> Continue efforts of year 1.</p> <p>Seek funding opportunities to market packets regarding safe sleep practices. Ensure consistent safe sleep education messaging.</p>	December 31, 2023		
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>	December 31, 2024		

**Priority #6: Injury Prevention**

**Strategy 2: Activity programs for older adults**

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to implement the Matter of Balance Program within Defiance County.</p> <p>Determine need within specific geographic areas (i.e. Defiance City).</p> <p>Train additional "lay" volunteers to implement the Matter of Balance Program within Defiance County.</p>	December 31, 2022	<p><b>Defiance County General Health District</b></p> <p><b>Mercy Health Defiance</b></p> <p><b>Community Memorial Hospital</b></p>	<p>DCGHD website to improve "Preventing Injury" page and sub-pages, including Preventing Falls. DCGHD hopes to resume Matter of Balance spring 2022. DCGHD now has 2 master trainers, one which can provide virtual trainings.</p> <p>Ohio Injury Prevention Partnership Falls Pilot project grant funded DCGHD with monies to train an additional nurse as "A Matter of Balance Master Trainer". Nathan Hoffer completed that training in November 2021. DCGHD is currently outreaching to Community Memorial Hospital and the Defiance County Senior Center to gauge interest in resuming A Matter of Balance program in their facilities Fall 2022. DCGHD also is planning a lay coach training for Fall 2022, possibly in late August to get volunteers trained to help with this program. – 5/19/22</p>
<p><b>Year 2:</b> Continue efforts of year 1.</p> <p>Partner with additional organizations to build referral avenues (i.e. EMS, paramedics, hospitals).</p>	December 31, 2023		
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>	December 31, 2024		

**Priority #6: Injury Prevention**

**Strategy 3: Increase awareness of child passenger safety best practices**

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to promote and provide child passenger safety services within Defiance County.</p> <p>Work with law enforcement to provide resources for child passenger safety and occupant protection.</p> <p>Partner with hospitals and other local community events to promote passenger safety.</p>	<p>December 31, 2022</p>	<p><b>Defiance Police Department</b></p> <p><b>Defiance County General Health District</b></p> <p><b>Ohio State Highway Patrol</b></p>	<p>Had meeting re: DCGHD website to improve "Preventing Injury" page and sub-pages, including child passenger safety.</p> <p>DCGHD offering car seat classes, twice per month, for eligible families. Families receive in class education, a car seat and instruction on installation. DCGHD gave out 12 car seats in the first quarter of 2022 (Jan-Mar). DCGHD offers car seat checks for all families desiring a check to ensure the car seat is installed properly.</p> <p>DCGHD has child passenger safety information on the website and frequently posts on social media. Materials on car seats, as requested, are provided to healthcare providers and social service agencies, etc.</p> <p>DCGHD plans on getting a new staff member certified as a technician Fall 2022.</p> <p>DCGHD will expand into more community events, as they begin restarting. Had car seat information available at the Lilac Festival and will also at ProMedica's safety day next weekend as well. – 5/19/22</p>
<p><b>Year 2:</b> Continue efforts of year 1.</p> <p>Hold at least two occupant protection focused community events.</p> <p>Determine feasibility of training a child passenger safety technician as an instructor through the health district.</p>	<p>December 31, 2023</p>		

<b>Year 3:</b> Continue efforts of years 1 and 2.	December 31, 2024		
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**Priority #6: Injury Prevention**

**Strategy 4: Increase community awareness and education of risky driving behaviors**

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Plan a community awareness campaign to increase education regarding risky driving behaviors (i.e. texting and driving, drinking and driving, etc.).</p> <p>Determine best ways to educate community (social media, newspaper, school websites, television, etc.).</p>	December 31, 2022	<p><b>Safe Communities Coalition</b></p> <p><b>Defiance County General Health District</b></p>	<p>Had meeting re: at DCGHD website to improve "Preventing Injury" page and sub-pages, traffic safety.</p> <p>DCGHD participated in the Lilac Festival promoting traffic safety messaging, for Safe Communities and will be doing the same at the upcoming ProMedica Safety Day.</p> <p>DCGHD shares educational posts and information on their website and social media pages regarding Safe Communities National Mobilization Campaigns such as Click It or Ticket, Look Out for Motorcycles, Drive Sober or Get Pulled Over, Don't Text and Drive, etc. – 5/19/22</p>
<p><b>Year 2:</b> Partner with local organizations (i.e. law enforcement) and plan at least 2 awareness programs and/or workshops focusing on populations most at risk.</p> <p>Attain media coverage for programs and workshops.</p>	December 31, 2023		
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>	December 31, 2024		

**Additional Meeting Notes:**