



POWER Defiance County Meeting

DATE: May 4, 2023

TIME: 8:30- 10:00 am

Location: Defiance County East

Purpose: CHIP Progress Updates, Fall Prevention Program Awareness, Awareness of Prevention Programming Guide and Wellness Passport

Facilitated by: Defiance County General Health District

Topic	Discussion	Decision, Action/Assignments
Welcome and Introductions	Members greeted each other and introduced themselves.	
CHIP Dashboard-Brian Heil	<p>Brian provided a progress update for the Quarter 1, Year 2 (2023) CHIP.</p> <p>Brian also gave instructions on how to access the progress document as well as the progress report form. The lead person at each agency will receive the progress report form. As action steps are completed, fill out the progress form. This will allow the progress document to be updated which will then be reflected on the CHIP Progress Dashboard.</p>	<p>The updated tracking document can be found at: https://defiancecohealth.org/power-defiance-county/#resources</p> <p>Taylor J. will send an email to each agency lead, which will have an individual Google Form to report progress on CHIP action steps.</p> <p>Continue using the progress report form when completing any action steps. If you have questions, email tjessing@defiancecohealth.org</p>
Matter of Balance-Katie Marbaugh	Katie gave a presentation on A Matter of Balance. Falls for adults 65 years and older are a major cause of injury and death. Falls are not a natural part of aging.	If you know anyone who would benefit from completing the program, if you would like to host the program, or if you would like to become a volunteer coach, Katie can be contacted at kmarbaugh@defiancecohealth.org

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	<p>A Matter of Balance is a program that is designed to reduce the fear of falling and increase the activity levels for older adults who fear falling. It is a cognitive restructuring program with an exercise component. The class is 8, two-hour sessions that are one time a week for 8 weeks or 2 times a week for four weeks. Participants learn to view falls as controllable, set realistic goals for increasing activity, change their environment to reduce fall risk factors and promote exercise to increase strength and balance. Classes usually take place in the mornings (9am-11am or 10am-12pm). The program is free and it is free to be trained to become a volunteer coach. Katie is looking for additional sites to hold the program, especially for the Hicksville area.</p>	
<p>Prevention Programming Guide & Wellness Passport- Taylor Jessing</p>	<p>Taylor gave a presentation on the Prevention Programming Guide. The guide contains all of the Prevention Programs within Defiance County. Most of the programs are school based but some programs in the guide are referral based.</p> <p>Taylor also presented information on the Wellness Passport. The Defiance County Health Department partnered with the Defiance Development and Visitors Bureau. The passport program will run May 13th-August 4th. The goal of the program is to get people more active in Defiance. Participants do not have to be a Defiance County resident. Prizes will be awarded. You can pick up a passport in the Defiance County Health</p>	<p>The group agreed to create a general guide, which will have program and contact information. A more specific guide will be posted online and updated as needed.</p> <p>Find the Prevention Programming Guide here: https://defiancecohealth.org/power-defiance-county/#resources</p> <p>If you would like to have passports provided in your office or have questions, contact Taylor tjessing@defiancecohealth.org or Brian bheil@defiancecohealth.org</p>

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	<p>Department office or the Defiance Development and Visitors Bureau. The Health Department can also provide your office with passports to handout as requested.</p>	
Round Robin/Adjourn	<p>Brian Heil-DCGHD: Applied for a couple of grants. One was awarded for the Drug Free Leadership Council for \$3,000 for coffee sleeves for Cabin Fever and Amanda Lee Coffee which will have the DFLC logo, catch phrase, and a drug/alcohol fact. The other grant is a Community Youth Tobacco Prevention grant that we are waiting to hear back on.</p> <p>Katie Marbaugh–DCGHD: Facilitates the Safe Communities (traffic safety) grant, which is due at the end of May. Will be receiving same amount of funding as last year. Click It or Ticket event will occur on May 25. The Drive to Succeed Grant was awarded, should have funding by July 1st. The application for this scholarship is being developed. The grant consists of a 2 year funding cycle, so it will come around again. It is an income based program with the goal set to get more young drivers through driver’s education. ThinkFast Interactive was done in April at all 5 school districts and Kathy Minck added that “kids are still talking about ThinkFast.”</p> <p>Taylor Jessing-DCGHD: Shared that she (as well as Maumee Valley Guidance) can do CATCH My Breath program in schools. Will be training some teachers in CATCH for the next upcoming school year. CATCH is better utilized to reach the younger students (before high</p>	<p>Awareness/Promote programs</p> <p>Awareness/Promote programs</p> <p>Awareness/Promote programs</p>

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	<p>school). Met with all 5 school superintendents about CATCH, all seemed onboard with bringing the program into schools. She also made the group aware that smoking cessation material and Drug Free Coalition materials will be handed out at the Lilac Festival.</p> <p>Kathy Mink-Recovery Services NWO: Kathy is meeting with Mr. Tipton at Tinora to discuss expanding Too Good for Drugs programming to K-8th grade. Defiance Schools is now going to have Too Good For Drugs in K-5th grades. Still working on getting Too Good for Drugs into Ayersville and Fairview schools. Schools are utilizing the referral program for students who are caught using substances in schools (instead of suspending the student). Working with Tinora in the fall to train teachers on what to look for, youth data, and what they should be aware of in youth substance use. Moving forward on recovery house in Wauseon, which will be open to Defiance County residents.</p> <p>Todd Shaffer-Defiance Chief of Police: Partnered with Health Department (Stacy Lucas) and now all officers are carrying Narcan. Has done two self-defense classes for seniors at the senior center. Next session is May 9th-16th. Coffee with a Cop meets monthly, with the next meeting occurring May 25th 8am at DDVB. For the Drug Free Coalition, we are always looking for more members to join and attend the meetings.</p>	<p>Awareness/Promote programs</p> <p>Awareness/Promote programs</p>
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	<p>Kali Leatherman-Maumee Valley: Doing project DAWN trainings with clients. CATCH My Breath is going on in Fulton County and JDC.</p> <p>Angie Franklin-NOCAC: Assistance programs are continuing. Refer to NOCAC website and Facebook for more information. Summer food service program for children starting back up (free lunch in park and activities)- organizations can volunteer to serve meals and support activities. Partnering with Salvation Army for children up to age 14 for free/affordable summer camp near Kings Island. Rent assistance program will continue to have funds until November or December. Also has Water Bill assistance program. Defiance PRIDE event occurring June 24th starting with a walk in the morning and activities to follow.</p> <p>Nick Walters, Sierra Nathans, Amanda Pobega- Maumee Valley Planning Organization: Safe Streets for All grant is being applied for. Long range transportation plan being worked on, need committee members. New mobility manager hired-started Monday. New planner needed. MVPO looking to start subcommittees, anyone welcome to join.</p>	<p>Awareness/Promote programs</p> <p>Awareness/Promote programs</p> <p>Awareness/Promote programs Email Amanda P at gisplanner@mvp.org if interested in joining sub-committee</p>
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	<p>RaeAnn Karcher and Jack Poling-Promedica: Focused heavy on print materials and Facebook education (mental health first aid, heart disease, tobacco and vaping cessation). Will be at Lilac festival doing free blood pressure screenings and providing education. Will also have radiology and oncology present for cancer screenings/education. Drug disposal container in the Emergency Department (has been filled twice) available 24/7. Free maternal health classes offered in Women's Health Center (one class is spinning babies which tries to prevent c-section rates and the other is a safe sleep program). Continues to do food insecurity screenings, if determined food insecure they receive 2 day supply food and food bank info.</p> <p>Nick Wichman-Defiance County Senior Services: Self-defense trainings and A Matter of Balance program happening soon. Trying to draw in younger generation of seniors. Different wellness programs going on. Just added a workout facility into the center. Trying to get seniors more active. Trying to get more involvement from seniors (served 1,000 more meals this March than last march). Having a "Senior Prom" event- may need volunteers.</p>	<p>Awareness/Promote programs</p> <p>Awareness/Promote programs</p>
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	<p>Abby Wolfrum-United Way Defiance County: Grant application is currently open, due next Monday, May 8th. UW made/exceeded campaign goal for the year. Annual Stamp Out Hunger food drive May 13th. Defiance County residents set out food in bag by mail box and mail carriers will take the food.</p> <p>Tonie Long (ADAMhs Board): Recovery house in Wauseon is in progress. Continuing to investigate suicide fatality review in Fulton County (similar to Child Fatality Review). Non-emergent transportation up and running. Partnership with New Home Development has continued to progress on Upton Ave housing.</p> <p>Becky- St.John United Church of Christ: Hosting Back Pack program, any organization is welcomed to come and help pack bags. Church offers the building to community events. Church members have been asking questions about what they should do during a mass shooting. Todd Shafer (Defiance Police) offered to come talk with church members to discuss what to do in that situation. Jack Poling (ProMedica) also mentioned the Stop the Bleed program that ProMedica offers.</p>	<p>Awareness/Promote programs</p> <p>Awareness/Promote programs</p> <p>Awareness/Promote programs</p>
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Next Meeting:

August 3, 2023 @ 8:30a-10a – Defiance County East Second Floor Conference Room



POWER Defiance County

Promoting Overall Wellness and Empowering Residents

POWER DEFIANCE COUNTY		MEETING SIGN-IN SHEET	
Time in/out	8:30 am- 10:00am	Meeting Date:	5/4/2023
Facilitator:	DCGHD	Place/Room:	Defiance County East 2 nd floor conf. room

Name	Affiliation/Department
Jack Poling	Promedica
RaeAnn Karcher	Promedica
Kali Leatherman	Maumee Valley
Joel Shafer	SPD
Angie Franklin	NOCAC
Brian Heisl	Health Dept.
Taylor Jessing	DCGHD
Katie Marbaugh	DCGHD
Kathryn Antigo	DCGHD
Amanda Pobega	MVPO gisplanner@mvpow.org
Sierra Nathans	MVPO
Nick Walters	MUPO
Abby Wolfum	United Way (Zoom)
Christine McVay	Ohio Guidestone (Zoom)
Nick Wichman	Def. Co. Senior Services
Becky Simpson	St John United Church of Christ
Ashly Minck	RSNWO