

POWER Defiance County	
Date	November 2, 2023 8:30am – 10:00am
Location	Defiance County East 1300 E. Second St Defiance 2 nd floor conference room
Mission	Promoting overall wellness and empowering residents
Vision	Working collaboratively to optimize the health and well-being of Defiance County
2022-2024 Priorities	Community Conditions Health Behaviors Access to Care Mental Health & Addiction Chronic Disease Injury Prevention

Time	Topic & Person	Presentations
8:30-8:40a	Welcome and Introductions	Brian Heil – Defiance County Genera Health District (DCGHD) Jessica West – DCGHD Taylor Jessing – DCGHD Angie Franklin – Northwest Ohio Community Action Commission (NOCAC) Amber Simmons – NOCAC Laurie McCann – Mercy Health Paige Johnson – Defiance County Economic Development Marybeth Torsell – Alzheimer’s Association Amanda Pobega – Maumee Valley Planning Organization Tonie Long– Four County ADAMhs Board Todd Shafer – Defiance Police Department Jamie Gerken – DCGHD Christine Mvay – Ohio Guidestone Leah Fisher –Defiance Mercy Shannon Cousino – JFS Rylia Shaughnessy – JFS

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		<p>Becky Simpson – St John UCC Online: Melissa Bostelman – Henry Co Health Dept,/Help Me Grow Melanie Grohowski – YMCA of Greater Toledo/Def. Mayor Mike McCann – City of Defiance Lt. Rustun Schack – Ohio State Highway Patrol Carol Baden – Recovery Ohio</p> <p>Brian Heil offered intro to POWER Defiance and noted that we are highlighting some of our community organizations that are doing great things related to the CHIP. Reminder – you can always share CHIP related activities for us to add to the progress notes.</p>
8:40-9:10a	<p>Bridges Out of Poverty <i>Amber Simmons,</i> <i>NOCAC</i></p>	<p>Amber Simmons – Child Development Director</p> <ul style="list-style-type: none">• Bridges Out of Poverty Training & New Book – an opportunity to take a deeper look into community poverty and identifying resources to help out community members.• “Teaching people how to fish instead of giving them a fish”• Training can be done in 2-3 hours or 2-3 days so today’s presentation is a brief intro.• AHA Process is the owner of this material & mission is: “Enable individuals, institutions, and communities to stabilize & grow resource for all, particularly those in poverty.• Generational poverty vs situational – Generational poverty has spanned at least 2 generations of a family whereas situational is caused by a life-changing event.• Key Points: Poverty is relative; occurs in all races & countries; economic class is a continuous line, not a clear-cut distinction; schools & businesses operate from middle-class norms; we have to understand the hidden rules to help people be successful; individuals may need to give up relationships in order to move from poverty to middle class or middle class to wealth; we cannot continue to support stereotypes.• SAMPLE AGENDA FOR 1 DAY CLASs HANDOUT• RESOURCES HANDOUT – multiple pages on resources, resource chart, causes of poverty research continuum, Bridges links, & Hidden rules• Access Denied – talks about access denied to housing, education, employment, language & voting (referenced YouTube video: What is redlining?)• Mental Models of Poverty, Middle Class, & Wealth – in the class, there is a discussion on if you were in Poverty/Instability or Middle Class or wealth, where would you spend your time? What are the commonalities and differences?• Hidden Rules – Most schools & business operate from middle class norms & values. Individuals bring with them the hidden rules of the class in which they were raised in.• 40% of people remain in the class which they were born in.

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		<ul style="list-style-type: none">• Hidden Rules about time, food, money, destiny, etc (on HANDOUT) <p>Training can really help us to seek to understand the Bridges over Poverty.</p> <p>Question from Rylin: From Atlanta, has a lot of experience with poverty youth. Is the training tailored to Ohio? Answer: No is it applicable to many businesses, organizations, states. Etc.</p> <p>Question from Todd: Can you tailor the training to the specific business/organization? Answer: yes they can. Great tool for all community members to have a better understand of the community members and how to better serve them.</p> <p>Brian mentioned AHA Process has a lot of Youtube resources/videos. Great presentation Amber! Please reach out to her to set up a training ☺ Email address is:</p> <ul style="list-style-type: none">• asimmons@nocac.org• www.nocac.org
9:10-9:20a	Alzheimer's Association <i>Marybeth Torsell</i>	<p>Marybeth Torsell with Northwest Chapter of Alzheimer's Association – serves 10 counties.</p> <ul style="list-style-type: none">• 7400 citizens over 70 in Defiance County and of those - 800 have Alzheimer's• Alzheimer's kills more than Breast & Cervical Cancer combined!• Typical diagnosis age is 65 but many are developing/diagnosed earlier and earlier• The Alzheimer's Association can offer trainings tailored to the organization/business to help them know how to help this population.• Marybeth works closely with family members & caregivers of those suffering from Alzheimer's. Can offer support, tips, resources, 24 hour tip line.• If you need any training or assistance, reach out to Marybeth.• Loves to talk about the Risk Factors and Prevention methods. For example: recently learned that Constipation & Hearing loss can increase your risk of Alzheimer's. A way to reduce risk of Alzheimer's is to get a hearing aid if you have hearing loss.• Alzheimer's is a form of Dementia – 60- 80% of all Dementias are Alzheimer. If you have Alzheimer's, you have Dementia. But Dementia is not necessarily Alzheimer's.• Thank you Marybeth for the great info!<ul style="list-style-type: none">○ Marybeth's email – matorsell@alz.org○ 24/7 Helpline 800-272-3900○ www.alz.org

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9:20-9:40a	CHIP Progress and Action Item Updates <i>DCGHD - Taylor Jessing & Brian Heil</i>	<p>Presentation by Brian on CHIP Progress through Q3 of Year 2– Will attach to meeting minutes.</p> <ul style="list-style-type: none">• Next year will be Year 3 of the CHIP and we will also begin looking at starting the next CHA.• Review of the Health Priorities & Strategies to Improve.• Currently at 80% of progress of priorities – separate charts looking at each priorities progress• Incomplete Action Steps for Year 1 & 2:• Brian asked Tonie about QPR Gatekeepers training- can be a separate training (2-3 hours) but is encompassed in the Mental Health First Aid Trainings. Recommended to take the Mental Health First Aid Trainings.• Advocate for Health in All Policies: How can we consider health impact into all policies/events/etc.<ul style="list-style-type: none">○ Resource: Health in All Policies ASTHO Report: The Value of Health in All Policies• Affordable housing development & presentation: NOCAC looking at maybe bringing back tenant program.• Implement Food Insecurity Screening: looking at are private physicians also doing these screenings? Looking at having SNAP/EBT accepted at Farmer’s Markets to help with access to healthy foods.• Community wide physical activity campaigns: YMCA would be happy to work with the group on this 😊• Dental Awareness – looking for a clinic or Medicaid Dental provider. Dental Vans do go to schools. Jamie & other health commissioners met with Marcy Kaptur and presented this need. UT launching a CareVan which is medical not dental. Tonie mentioned that HealthPartners has moved and hopes that they might add a dentist. Some barriers to getting a provider are reimbursement and cancelations.• Transportation: Amanda mentioned MVPO Multi-County TCC & Looking into finding specific alternative transportation for each county.<ul style="list-style-type: none">○ Sierra can speak more about this: email is mobility@mvpo.org• BP Screenings Baseline Data needed.• Child Passenger Safety – looking into proxies in Child Passenger Safety Technicians. Taylor explained that there are instructors and tech proxies. Proxies have less of a time commitment than an instructor, but would be able to help certified child passenger safety techs (CPSTs) maintain their certification.
9:40-10:00a	Round Robin / Adjourn <i>All</i>	Carol Baden: Pilot study to introduce Encompass Training – either full day or 2.5 hour training that can be tailored to the population. Looking at sending a participant to become a trainer for Defiance County in early 2024. Will be in contact with Bethany Shirkey at the Four County ADAMhs Board to determine who will be going to the training

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		<p style="text-align: center;">Email is Carol.Baden@odh.ohio.gov</p> <p>Melissa Bostelman: Home visiting Help Me Grow program in Defiance County (& others). Talk about the services provided to families and eligibility for having a home visitor. Grant funds supply safety materials to families who are WIC eligible for baby gates, babyproofing safety items, etc. Bilingual home visitors available.</p> <p>Melanie Growhoski: Looking for an Executive Director & Office/Membership Director for the Defiance YMCA. Memberships are now monthly instead of annual. Fitness classes included in memberships instead of separate costs.</p> <p>Lt. Schack: provide resources to those arrested for substances. If you want/need troopers at events, please reach out in advance with request.</p> <p>Shannon Cousino: new full time adult protective services worker – if you know anyone that needs something, send them her way. Todd asked for that new worker to stop by to meet the officers on all 3 shifts. Shannon said for this program must be 60 yo or over but that’s the only requirement. Funds are available to help with home repairs, utilities, and safety improvements.</p> <p>Angie & Amber: NOCAC Winter Crisis program has started and significant increase in the funding. Still Rent Assistance available through HomeRelief but will likely run out in December and there will be a big crisis when this assistance ends. Low income water assistance has been extended for 6 months – if homes disconnected, please contact NOCAC. HeadStart Preschool openings (8) – contact NOCAC.</p> <p>Todd: Homeless Committee – reach out if you would like to be a part of this group. It is a big problem in Defiance that needs lots of help. November Coffee with a Cop is November 16 at Kingsbury Place at 8am. Coffee with a Cop in December 14th at 8am at YMCA.</p> <ul style="list-style-type: none">○ Email is tshafer@cityofdefiance.com <p>Tonie: Health Partners of Western Ohio is now in the “Lefty’s Plaza”. Staff Changes at ADAMhs board. Capital Improvement project happening in Williams County for Women’s Recovery Housing. Transportation model has been successful with helping with workforce and case managers reaching community.</p> <p>Laurie: Mercy working on multiple health assessments for all patients: food home, social determinants of health, etc.</p>
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Next Meeting: February 8, 2023 | 8:30a-10a



POWER Defiance County

Promoting Overall Wellness and Empowering Residents

POWER DEFIANCE COUNTY

MEETING SIGN-IN SHEET

Time in/out 8:30 am- 10:00am

Meeting Date:
11/2/2023

Facilitator: DCGHD

Place/Room:
Defiance County East
2nd floor conf. room

Name	Affiliation/Department
Taylor Jessing	DCGHD
Jessica West	DCGHD - Health Promotion
Amanda Pobega	MWPO
Marybeth Torsell	Alzheimers Association
Amber Simmons	NOCAC
Angie Franklin	NOCAC
Brian Hest	DCGHD
Loni Loy	ADAmhs
Toed Shaker	DPD
Christine May	Ohio Guidestar
Shannon Cousins	Defiance JFS
RYLAN SHAUGHNESSY	DEFIANCE JFS
Liah Fisher	Defiance Mercy
Becky Simpson	St John ucc
Paige Johnson	Defiance Co Economic Devel.
Carrie McLean	Mercy Health
Jamie Fuken	Defiance Co Health Dept.